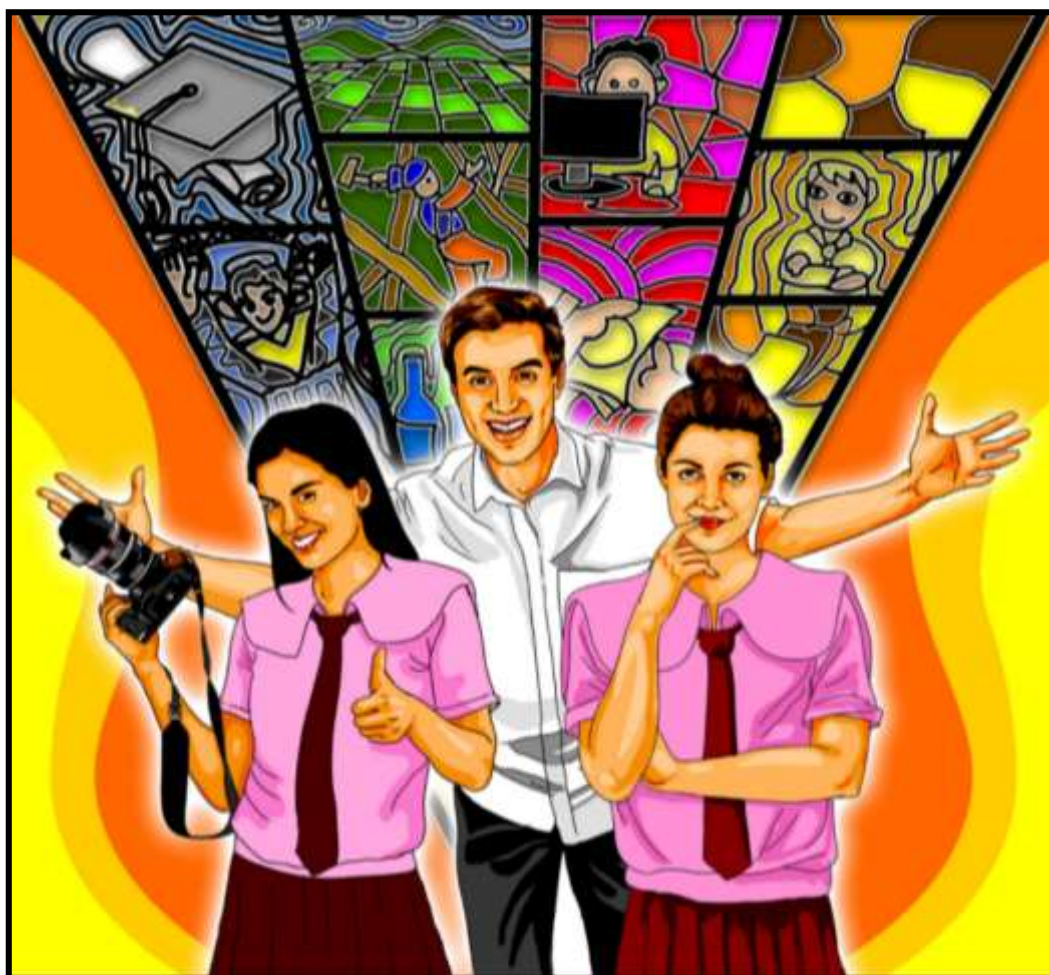


Homeroom Guidance

Quarter 4 – Module 13:

My Future Plan



Homeroom Guidance Self-learning Module – Grade 7
Quarter 4 Module 13: My Future Plan
2021 Edition

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Homeroom Guidance Grade 7

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Gabay sa Magulang/Tagapag-alaga

Na ito ay sinulat upang higit na magkaroon ng kamalayan ang inyong magulang/Tagapag-alaga tungkol sa kahalagahan ng kanyang mga karanasan sa paaralan at komunidad, positibo man o negatibo ang mga ito. Sa tulong ng modyul na ito, ay magagabayan natin ang inyong mag-aaral na makapili ng “*Career*” at makagawa ng plano sa kanyang hinaharap. Inaasahan na maibabahagi niya ang kanyang natutunan sa kanyang mga kapwa-*tao* lalo na sa mga katulad niyang mag-aaral. Sa pamamagitan nito, mas malilinig ang kakayahan ng mag-aaral at kanyang mapapagtanto na ang mga talent at kakayahan pati ang kanyang hilig ay may malaking tulong sa nais niyang tahakin na kurso sa hinaharap upang magtagumpay. Ito ay dinesenyo para sa “*distance learning*” o alternatibong pamamaraan ng pagkatuto na hindi nangangailangan ng pisikal na presensya sa paaralan, bilang tugon sa direktiba na pagkansela ng “*face-to-face class*” dulot ng pandemyang COVID-19.

Maaaring may mga pagkakataon na hihingiin ng inyong mag-aaral ang inyong patnubay sa pagsunod sa mga tagubilin at pagsagot sa mga tanong sa bawat bahagi ng mga gawain at maging sa pagkakaroon ng mga kakailanganing materyales base sa nakatakdang gawain. Hinihiling ng Kagawaran ang inyong suporta upang matagumpay niyang maisakatuparan ang mga gawaing ito. Ang araling ito ay makakatulong upang hubugin ang kanyang kabutihan na tanggapin ang pagkakaiba-iba ng bawat *tao* sa katangian, kakayahan, damdamin at pananaw. Tiyakin na sasagutin niya ang bawat bahagi ng modyul nang tapat hangga’t maaari, kapag siya ay sumasagot sa mga gawain at pagtatasa.

Kinakailangan din ang long folder na magsisilbing **Portfolio** ng mag-aaral sa Homeroom Guidance. Dito isisilid lahat ng gawaing natapos sa bawat bahagi ng modyul. Tiyaking ito ay magagawa nang tapat at maipapasa sa petsa at oras na itinakda ng kanyang Gurong-Tagapayo.

Introductory Message

For the Learner:

This module is designed to help you recognize your important role as a young citizen in the community. Put your thinking cap on because you will be tasked to identify the needs of others and your community to be able to share what you can do to address them. Remember, in your own little ways, you can do great things!

This consists of six interactive activities for you to follow, namely:

Let's Try This – which will help you get ready to learn

Let's Explore This – which will guide you towards what you need to learn for this module

Keep in Mind – which will give you the lessons that you need to learn and understand in this module

You Can Do It – which will help you apply the lessons learned in this module into real life practice

What I Have learned – which will test and evaluate your learnings in this module

Share Your Thoughts and Feelings – which will help you express your thoughts and personal point of view in this module.

Make sure to read, think, follow, and enjoy every task that you are asked to do.

Have fun! Stay safe and healthy!



Learning Objectives

At the end of this module, you are expected to:

1. determine the skills needed in making good career decisions;
2. establish career readiness to effectively transition to the succeeding academic level and
3. craft a career plan towards the attainment of desired profession or vocation in the future.

Period: Week 7 - 9 of 4th Quarter

Total Time Allotment: 120 Minutes

Materials Needed:

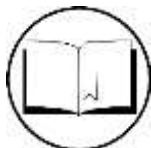
Pencil/Ballpen

Bond papers/ sheet of paper



Let's Review

In the last quarter of Grade 7 modules, you were able to apply lessons learned from school, community and barangay in your daily experiences.



Introduction

You are now at the course of completing your current grade level. Few more years and you will be in the point where you need to decide what path to take in order to achieve your future goals. For this reason, as early as now, it is important to check your career readiness and develop steps in making career decisions.

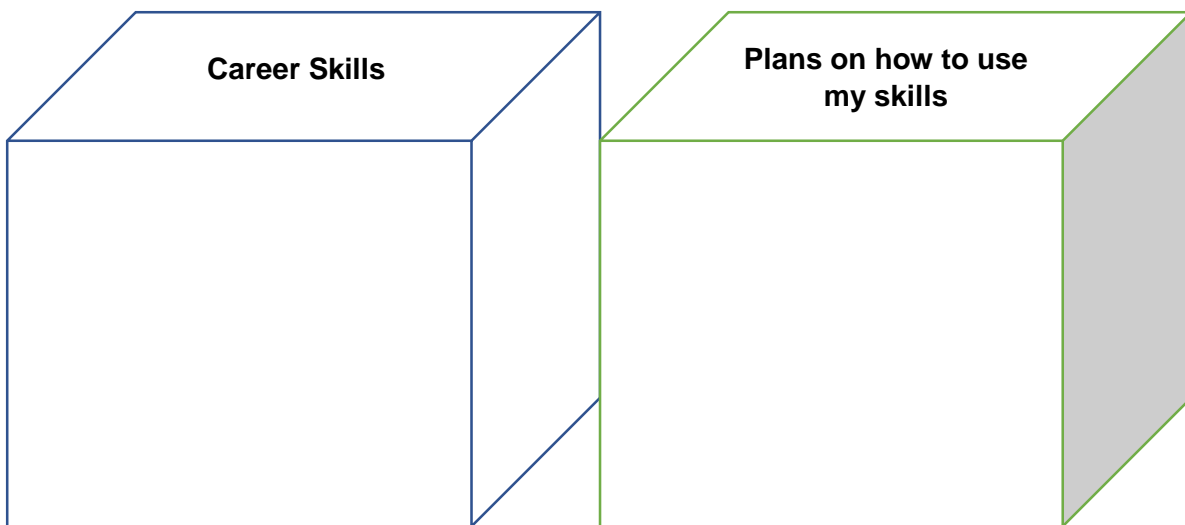


Let's Try This

Suggested Time Allotment: 20 minutes

My Skills, My Advantages

1. In a sheet of paper, list down your skills related to your desired career or profession in the future.
2. Make a list of your plans/steps on how you will use these skills to achieve your career goals.



Processing Questions:

1. What did you feel while completing the activity?
2. What is the importance of knowing the skills you have in relation to your desired career?
3. What can you do in order to enhance the skills you have difficulty in doing?



Let's Explore This

Suggested Time Allotment: 20 Minutes

"My Little Steps"

In a sheet of paper, device your own steps in setting your career goals. You may use the format below as your guide.

I am _____ (your name) _____, I like to see myself in the future as _____, To further assess my career choices,

my interest are _____, _____, _____

My Skills includes _____, _____, _____

Now, I am willing to do the following steps to prepare myself for achieving my career goals.

1. _____
2. _____
3. _____

Processing Question:

1. What are your challenges in completing the sentences in the above activity?
2. Why is it important to be able to write your answers and complete your career goals?
3. What can you do to improve your skills in achieving your career goals?



Keep in Mind

Suggested Time Allotment: 20 Minutes

Do you know what you want in the future? Did someone ask you what do you want to be when you grow up? Many human beings aren't glad with their jobs and the profession they have got due to the fact they fail to plan. As the saying goes, actions fail because they fail to plan. As early as your age it's much critical to understand your options with the intention to decide what career you plan to take in the future. Here is an acrostic of the word PLAN to help you assess what you want and decide for your future goals.

P – Picture what you want in the future.

Picture or envision your goal will help you to be on your direction in achieving what you want. It will also motivate you to do the things needed to achieve your goals. Motivated people can enhance their skills easily and succeeded achieving their dreams.

L – Learn.

Knowing more about the career you want is another consideration in deciding for your future career. You must learn your options for example you want to be a doctor someday, you must identify what kind of doctor you want to be. It may be a Doctor of Humans or animals, if in humans, you also have to know your options on the specialization of each doctors like, doctor on children, doctor of human specializing bone diseases, skin, heart and more. No matter what age you are in or how educated you are, if you want to reach your goals, you need to continue learning. Your plan must also include the skills you have and what you have to develop. You need to assess your interest that might be a great help in deciding your future happiness.

In this part you would definitely need to put on your timeline, a deadline that sets your idea on how long you want to accomplish something.

A – Assess.

Assessing or reviewing yourself is crucial in deciding and preparing your plan. You should know what are your interests that fits to your desired career. You will definitely on the right path if your desired career goal is also your passion. Aside from your interest, you must consider also your abilities and skills. Some people at your age for example dreams to become a singer but a tone deaf. You must consider the fact that not all we want can be achieve due to our own weaknesses. That is also the reason why we have changes on our goals. Not all your goals now as a teenager are the same when you were at your elementary years. You need to evaluate the steps you have identified to find out if you are still on track. You may also need to

find somebody who can help you to evaluate the options you have like a guidance counselor or a teacher that can explain the important things you need to know in choosing a career.

N – Navigate.

Acting out your plan is the most important part. Goals are useless unless you know how you can achieve them and strategize to act on it. Not all plans pass w/out the troubles. Think of the feasible troubles that would get to your way even as trying to obtain your goal. A plan foresees feasible troubles and lists how you ought to cope with them. In this part you have to be sure if the steps that you have are reasonable.

Attitude of a person is a very critical part in having a successful future specially on employment. Employers or Human Resource Managers are looking for a positive and good attitude rather than skills. Education, experiences and knowledge are the factors that they take into consideration but having a good positive attitude is on top. Skills can always be learned in any job but a good positive attitude will definitely stand out to have a good relationship with co workers and friends. Having a positive attitude is not just having a smile on your face but also having a hopeful attitude towards problems or challenges that you will encounter.

People with a positive outlook in life are healthier because they are happy. Happy people are said to be healthier because they prevent illnesses. They are confident on what they do because they feel positivity that every time that challenges will come, they can surpass it.



You Can Do It

Suggested Time Allotment: 20 minutes

My Future Plans

1. Envisioning what you want to achieve in the future, create your career plan.
2. Copy and answer the activity on a clean sheet of paper.

| My Future Plans | |
|---|---|
| What are my career plans? | What have I done to achieve my career plan? |
| | |
| What should I improve to be able to achieve my career plan? | How will I do these improvements (for self and others)? |
| | |

Processing Question:

1. How do you feel while making the career plan?
2. How important it is to assess yourself in career planning?
3. Who do you think can help you in achieving your written plans?



What I have learned

Suggested Time Allotment: 30 Minutes

“I am ready to decide” recall the lessons that you have learned in this module by completing the statements below.

1. In a piece of paper, write your answer on the space provided.

When someone asks me about how to plan my future career goals I can say that:



Share your Thoughts & Feelings

Suggested Time Allotment: 10 Minutes

Inspirational quotation

In a sheet of paper write your reflection about the inspirational quotation below:

“I feel the most important step in any major accomplishment is setting a specific goal. This enables you to keep your mind focused on your goal and off the many obstacles that will arise when you’re striving to do your best.”

-Kurt Thomas

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