



Science Activity Sheet Quarter 3 – MELC 1 Weeks1-2 **Describing Motion**



REGION VI – WESTERN VISAYAS

Science 7 Activity Sheet No.1- Describing Motion First Edition, 2021

Published in the Philippines By the Department of Education Region 6 – Western Visayas

Republic Act 8293, section 176 states that: No copyright shall subsist in any work of the Government of the Philippines. However, prior approval of the government agency or office wherein the work is created shall be necessary for exploitation of such work for profit. Such agency or office may, among other things, impose as a condition the payment of royalties.

This **Learning Activity Sheet** is developed by DepEd Region 6 – Western Visayas.

ALL RIGHTS RESERVED. No part of this learning resource may be reproduced or transmitted in any form or by any means electronic or mechanical without written permission from the DepEd Regional Office 6 – Western Visayas.

Development Team of Grade 7 Activity Sheet						
Writer: Anggie Rose C. Flora						
Illustrator: Rhea G. Balino						
Editors: Michel Casco, Minda L. Soldevilla						
Layout Artist: Felizardo S. Valdez III						
Division Management Team: Ma. Roselyn J. Palcat Nordy D. Siason Elleda E. De la Cruz Minda L. Soldevilla Arthur J. Cotimo Felizardo S. Valdez III Marve E. Gelera Regional Management Team: Ramir B. Uytico Pedro T. Escobarte Jr. Elena P. Gonzaga Donald T. Genine Rovel R. Salcedo Moonyeen C. Rivera Anita S. Gubalane						
Anita S. Gubalane Minda L. Soldevilla Daisy L. Lopez Joseph M. Pagalaran						

Introductory Message

Welcome to Science 7!

The **Learning Activity Sheet** is a product of the collaborative efforts of the Schools Division of Guimaras and DepEd Regional Office VI - Western Visayas through the Curriculum and Learning Management Division (CLMD). This is developed to guide the learning facilitators (teachers, parents and responsible adults) in helping the learners meet the standards set by the K to 12 Basic Education Curriculum.

The **Learning Activity Sheet** is self-directed instructional materials aimed to guide the learners in accomplishing activities at their own pace and time using the contextualized resources in the community. This will also assist the learners in acquiring the lifelong learning skills, knowledge and attitudes for productivity and employment.

For learning facilitator:

The **Science 7 Activity Sheet** will help you facilitate the teachinglearning activities specified in each Most Essential Learning Competency (MELC) with minimal or no face-to-face encounter between you and learner. This will be made available to the learners with the references/links to ease the independent learning.

For the learner:

The **Science7 Activity Sheet** is developed to help you continue learning even if you are not in school. This learning material provides you with meaningful and engaging activities for independent learning. Being an active learner, carefully read and understand the instructions then perform the activities and answer the assessments. This will be returned to your facilitator on the agreed schedule.

Name of Learner:____

Grade and Section:

_____ Date: _____

SCIENCE 7 ACTIVITY SHEET No.1 Describing Motion

I. Learning Competency with Code

Describe the motion of an object in terms of distance or displacement, speed or velocity, and acceleration **(S7FE-IIIa-1).**

II. Background Information for Learners

Currently, you often hear the term physical distancing as one of the health protocols that should be observed during this time of pandemic. How would you know that you observe proper physical distancing? What distance should you maintain from another person?

You are also surrounded by many moving objects around. Some move so slowly like the ant and the turtle while others move so fast like airplanes. Motion might be very common but in science describing it entails careful use of some definitions.

In this learning activity, you will learn to describe motion of an object in terms of position, distance or displacement, speed or velocity, and acceleration.

III. Accompanying DepEd Textbook and Educational Sites

Department of Education. *K-12 Basic Education Curriculum, Science 7 Learners Material (p. 166-190).* Pasig City, Philippines, 2015.

Department of Education. Secondary Education Development and Improvement Project (SEDIP), Physics Textbook. (p. 257-258). Quezon City, Philippines, 2010.

IV. Activity Proper

Familiarize yourself with the terms associated with motion by reading the texts below.

Motion is referred to as a change in position with respect to a reference object. The original position serves as a **reference** to the motion of the object and it is very important in describing its motion. An object is said to be moving when it has travelled a certain distance from the reference point, or it is displaced from the reference. The direction of an object's motion can be described with reference direction such as north, south, east, west, up, down, left and right.

To understand more about the importance of frame of reference or point of reference in describing motion, refer figure 1 on the succeeding page. Consider that you are standing along the railtracks looking at the boy on the train. You will see that it is moving to the right along with the motion of the train. However, if you change your frame of reference and stand with the boy on the same train, you will observe that the boy is not in motion. Another person outside of the train will see both you and the boy moving in the same direction with the train.



Activity 1

Describing Motion Through Visuals

Describing position of the objects can be done in many ways. For this activity, you will learn how to provide accurate descriptions of positions of the object through the use of visuals like diagrams.

Directions. The diagram below shows that the positions of the objects are described by their coordinates along the number line. Study the diagram and answer the questions that follow. Write the answer on your answer sheet.



Figure 2. Coordinates of the different objects along the number

Questions.

1. What is the position of the dog?

- 2. What is the position of the tree?
- 3. What is the position of the dog with respect to the house?

4. What is the position of the tree with respect to the dog?

B. Study another example below. In the diagram, the positions of the rolling ball are shown at equal intervals of time. You can use the diagram to describe the position of the ball at any given time.



Figure 3. Position of a rolling ball for the same time interval.

Directions. Answer the following questions. Write the answer on your answer sheet.

1. What is the initial position of the ball?

2. What is the position of the ball at 10 seconds?

3. At what time is the position of the ball equal to 5 meters?

4. What is the total distance travelled by the ball?

Distance refers to the length of the entire path the object travelled. It has a magnitude but no direction. **Displacement** refers to the shortest distance between the object's two positions, like the distance between its point of origin and its point of destination, no matter what path it took to get to that destination. It has a magnitude and direction.

The figure below illustrates the difference between distance (represented by broken lines) and displacement (represented by continuous lines).



Figure 4. Distance and displacement

Activity 2

Distance vs Displacement

Directions. Study Liza's route from her home to school. Her house, labelled as point O, is the reference point.



Figure 5. Liza's route from home to school

Directions. Answer the following questions. Write your answer on your answer sheet.

1. What is the total distance travelled by Liza from her house to school?

2. What is her displacement? How do you compare it with distance?

After knowing how far the object moves, it's time to know how fast_{olt} moves. This information can be provided by the object's speed or velocity. **Speed** is defined as distance travelled divided by the time of travel.

Distance travelled

Speed = _____ Time of travel

The units of speed can be miles per hour (mi/hr), kilometers per hour (km/hr) or meter per second (m/s).

If you solve the total distance travelled by an object over the total time it took to cover such distance, then you are computing for the object's **average speed**. During the object's travel, there are instants that its speed would vary. The speed at an instant is called **instantaneous speed**. The instantaneous speed may be equal, greater than, or less than the average speed. **Speedometer** is a device used to measure instantaneous speed of a vehicle.

In describing the motion of an object, you do not just describe how fast the object moves, you should also consider the direction to where it is going. Speed with direction is referred to as **velocity**.

The succeeding activity will show you how important not just speed but also direction, particularly when tracking the path of an impending storm. **Activity 3**

Speed vs Velocity

Directions. Study the weather bulletin below. It shows both the speed and direction of Typhoon Yolanda. Can you still remember when this typhoon happened and how your family prepared for it? If not, you may ask your parents and for sure they have some things to say about how everybody, during that time, keep themselves updated not only about the typhoon's speed but also its direction.

Table 1. Weather Bulletin for Typhoon Yolanda

	51			
Weather Bulletin: Super Typhoon "Yolanda"				
Thursday, 07 November 2013 at 5:00 AM				
Location of Center	975 km southeast of Tacloban City, Leyte			
Coordinates	8.4°N, 133.4 °E			
Strength of the	Max. wind speed of 280 km/hr near the center and			
winds	gustiness of up to 335 km/hr			
Movement	35 km/hr going West-Northwest			
Forecast	Cast On Friday AM: Expected to make landfall over the northeastern shores of Leyte, about 35 km of Tacloban City between 10 AM to 11 AM and will cross Northern Leyte passing over or very close to Ormoc City around noontime Friday.			

Source: http://weather.com.ph/announcements/super-typhoo-haiyan-yolanda-update-number-007

The weather bulletin above states the location of the center of the storm on a given day, the strength of the typhoon which is determined by its circular speed and the movement along its path.

Directions. Answer the following questions. Write the answer on your answer sheet.

- 1. What is the speed for the circular motion of the typhoon winds?
- 2. What is the speed for the motion of the typhoon as along its path?
- 3. Whta is the velocity for the motion of the typhoon along its path?
- 4. What is the difference between speed and velocity?

In reality, objects do not always move at constant velocity. The rate at which speed changes is termed as **acceleration**.

Acceleration (a) = $\frac{\text{Change in speed }(\Delta v)}{\text{Change in time }(\Delta t)}$

Change in speed is the difference between the final speed $\left(v_{\text{f}}\right)$ and the initial speed $\left(v_{\text{i}}\right)$

a =	$v_f - v_i$	where:	
	t ₂ -t ₁	a = acceleration	w initial velocity
		t ₁ - initial time	t ₂ -final time

Any change in a velocity of the object results in an acceleration. This includes change in speed (increasing speed or decreasing speed which is also called deceleration) or change in direction. Even if there is no change in speed, but there is change in direction, acceleration is achieved. Acceleration is expressed in m/s^2 or $\frac{m/s}{s}$, km/hr² or $\frac{km/hr}{hr}$ or $\frac{km/hr}{s}$.

Activity 4

Doing Detective Work

Directions. Study the situation below.

Suppose you were having your on-the-job training in a private investigating company. You were asked to join a team assigned to investigate a "hit and run" case. The alleged suspect was captured by a CCTV camera driving down the road leading to the place of incident. The suspect denied the allegations saying that he was then driving very slowly with a constant speed. Because of the short time difference when he was caught by the camera and when the accident happened, he insisted that it was impossible that he could already be in the place when the crime happened. But when you were viewing the scene again, you noticed that his car was leaving oil spots on the road. When you checked these spots on site, you found that thay are still evident. So, you began to wonder if the spots can be used to investigate the motion of the car of the suspect and check whether he was telling the truth.

Here's the activity that you can do to help you with your investigation. You will analyze the motion using strips of papers with dots. For this activity, you will assume that the dots represent the 'oil drops' left by the car down the road.

Procedure:

1. Label each dot in the paper strip drawn below. Start from 0, then 1, 2, 3, and so on. Each dot occurred every 1 second.



Figure 4. A tape chart representing the motion of the car.

2. Examine the distance between successive dots.

Directions. Answer the following questions. Write the answer on your answer sheet.

a. How will you compare the distances between successive dots?

When the paper strip is cut at each drop, starting from the first to the last drop, and paste them side by side on a graph paper, it will form a tape chart.



b. How do the lengths of the tape compare?

Figure 5. Sample tape chart c. If ea the length represents the distance traveled, then what 'quantity' each piece of tape provides?

d. What does the tape chart tell you about the speed of the car?

The difference in the length between two successive tapes provides the object's **acceleration** or its change in speed or velocity for a time interval of 1 second.

e. How would you compare the changes in the lengths of two successive tapes?

f. What can you say about the acceleration of the moving car?

g. If you found out in your investigation that the oil drops left by the car is similar to what you used in this activity, was the suspect telling the truth when he said that he is moving in a constant speed? Why?

V. Reflection

Directions. Complete the following statements. Write the answer on your answer sheet.

I have learned that...

I have realized that...

I will apply...

VII Answer Key

Activity 1 (Questions)	Activity 2 Questions)	Activity 4 (Questions)
A.	1. 470 meters	a . The distance between two
110 m	2. 336 meters Northest. It	successive dots increases
2.5 m	is shorter than distance	uniformly.
3. The dog is 25 meters to		b . The length of the strips of
the left of the house.	Activity 3	tape in the chart increases
4. The tree is 15 metersto	(Guide Questions)	uniformly.
the right of the dog.	1. 280 km/hr up to 335	c . Each strip of the tape
В.	km/hr	provides the speed (or velocity)
1. The initial position of	2. 35 km/hr	of the object every 1 second.
the ball is at 0 meter. Its	3. 35 km/hr West-	d. Because the length of the tape
final position is at15	Northwest	increases uniformly, it means
meters.	4. Speed is the distance	that the
2. 10 meters	travelled by an object	speed (or velocity) of the object
3. 5 seconds	divided by the time of	increases uniformly.
4. 15 meters	travel while velocity is	e . The change in length of the
	speed with direction.	tape is constant. The change in
		speed isconstant.
		Or
		The length of the tape
		increases by the same amount
		in each timeinterval. The speed
		increases by the same amount
		in each time interval.
		I. The car is moving in constant
		acceleration.
		g. No. the tape chart shows that
		unform rate
		umorm rate.

VII. Links and/or Other References

http://weather.com.ph/announcements/super-typhoo-haiyan-yolanda-update-number-007